The 7 Steps of Forgiveness

A Talk about Real Change with D. Patrick Miller, author of The Way of Forgiveness

JOIN noted author D. Patrick Miller for an inspiring discussion on the art & practice of forgiveness – one of the most powerful spiritual disciplines for personal and social change.

"Some people mistake forgiveness as a way to avoid conflict or let people off the hook," says the author of the classic book *The Way of Forgiveness* (originally published in 1994 as A *Little Book of Forgiveness*). "The kind of forgiveness I am talking about is a daily discipline of learning to see things differently, which enables you to respond to life's biggest challenges with clarity, compassion, and ingenuity. If you really want to change things and have a lasting effect on people, forgiveness is a better strategy than anything else."

This free presentation will introduce the Seven Steps of Forgiveness that Miller has taught for 20 years — a method that has saved lives and relationships, and has been used by workshop leaders in prisons across the nation. You will experience the core of the Seven Steps in one session, and be inspired to benefit from the practice of forgiveness for years to come.





D. PATRICK MILLER is a journalist, author, and independent publisher whose work in contemporary spirituality is known through nine books and over one hundred articles published by such periodicals as THE SUN, YOGA JOURNAL, and the ELEPHANT JOURNAL online.. He is a leading expert on the spiritual teaching known as *A Course in Miracles*, and continues to write and publish across the broad field of contemporary spirituality. He also provides expert literary coaching and publishing assistance to other writers through Fearless Literary Services, a branch of Fearless Books, the independent publishing firm he founded in 1997. See *www.fearlessbooks.com* for more information.



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