



Therapy Services

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Postdoctoral Psychologist
ACIM Student

Treating mental health issues from an ACIM perspective for those who are students of the Course

If you ventured onto A Course in Miracles after realizing "there must be a better way," but are having a hard time navigating a challenging issue or situation in your life, getting help from a professional therapist who also understands your spiritual path, might be the additional support you need. While there is an unshakable Guide in each and every one of us, having someone to help you process, and move through, your difficulties as quickly and painlessly as possible, might help to accelerate letting go of the ego while improving your overall wellbeing.

About Tameer



Tameer is a postdoctoral psychologist and licensed professional counselor in the state of IL. She is also an ordained minister of ACIM and hosts weekly online group meetings with students of the Course. Tameer is a co-host of "The Fearless Hour" alongside D. Patrick Miller, original publisher of "The Disappearance of the Universe." Tameer has interviewed a variety of ACIM authors including Gary and Cindy Renard. Tameer has been studying the Course for almost 20 years and can provide psychotherapy grounded in the spiritual principles of ACIM for students of the Course.

Therapeutic Approach



Similar to the CBT process, ACIM trains the mind by the repetition of new positive thinking patterns, about both one's inner and outer worlds. Therapy can help to reinforce this while also deepening one's understanding and application of true forgiveness utilizing a client-centered, cognitive-behavioral approach.

Insurance



Individual teletherapy sessions are in-network with IL BCBS PPO. Out-of-network sessions can be reimbursed at a discounted rate for residents of Illinois. If out of state, services will not be associated with clinical license/practice and "ACIM Life Coach" services can be provided instead.

Contact Me



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